

True peace comes from Jesus (see John 13-14)

“Seek peace and pursue it” (Ps 34:14)



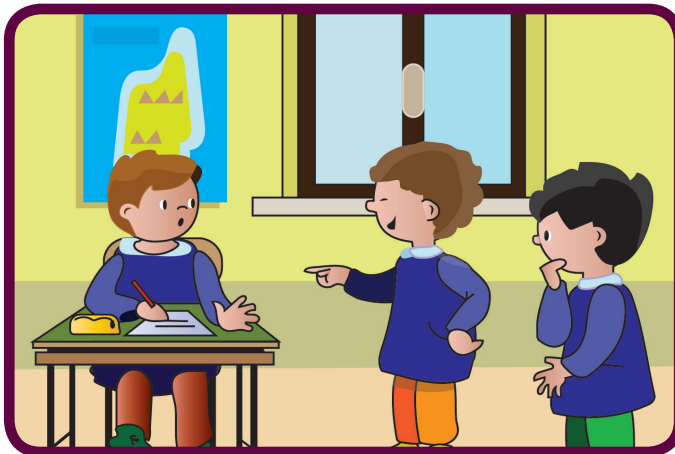
Jesus was eating his last meal with his disciples.



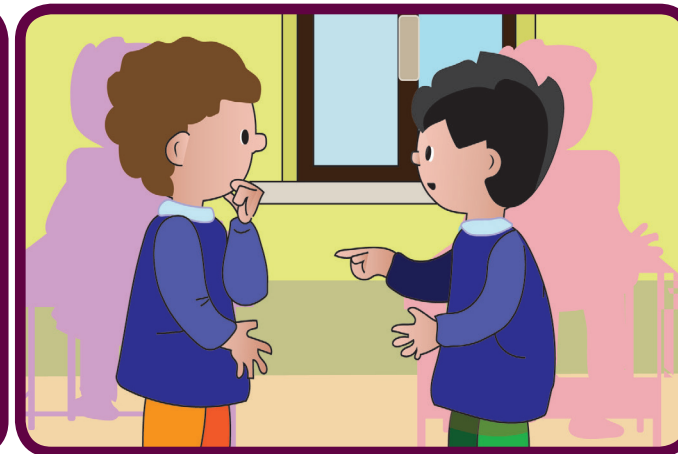
He told them that he would be leaving them soon to go back to his Father in heaven. But his disciples were very sad because they didn't want him to go.



So to help them, Jesus told them, "Peace I leave you, my peace I give you" (Jn 14:27).



Experience of Elia from Italy: What can we do to bring peace in the world? Elia's classmate was making fun of Filippo because he is not very good in school and is always the last to finish his work.



Elia felt he had to do something and so he went up to this boy and told him, "If you make fun of Filippo, it's just like making fun of Jesus who lives in him, and Jesus lives in me and you, too."



He understood and stopped doing it. Now the three of them are best friends.