

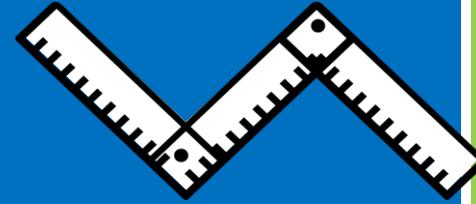
«All who exalt themselves will be humbled, and those who humble themselves will be exalted.»
(Lk 14:11)



The first thing Jesus asks us is to **get off the pedestal where our ego thinks we should be**, and put God there instead.



He is the one who should have **the place of honor in our life!**



What's important is to give him room, deepen our relationship with him and learn from him how to humble ourselves, in the Gospel sense of the word.

This means to freely put ourselves in the last place, **just as Jesus did when he came on earth.**

Even though he was God, **he chose to share our human condition** so that he could announce to everyone how much his Father loves us all.



The strength to say you are **sorry!**

Since I had been home sick the week before, I **turned around for a second** to ask the person behind me something that I missed.

But right at that moment, the teacher saw me and told me to hand over my notebook, and then she sent me out of the classroom, saying that she would not tolerate my behavior in her class.

One day at school, some of my friends started to play around during class, instead of listening to the teacher.

I tried to explain to her why I had turned around, but she **didn't want to listen.**

She even called my father. **I was so embarrassed**, especially because she spoke to him in front of the whole class, telling him that I was disrespectful and that I was playing around during class instead of listening.



It was really hard for me, but I tried to accept her unjust accusation.

The next day the whole class was called together to discuss what had happened.

I wanted to defend myself but I knew that the teacher would not accept any excuse I might give and would have insisted in any case that she was right.

Even though it wasn't easy, because it was so unjust, I decided to forgive her - and I immediately felt a great peace in my heart.