

# The Holy Spirit gives us strength

“You will receive power when the Holy Spirit has come upon you, and you will be my witnesses.” (Acts 1:8)



After his resurrection, just as he had promised, Jesus sent the Holy Spirit on the apostles.



With his help, the apostles spoke to everyone about Jesus.



The disciples listened to them and learned from their example how to live like Jesus.



“There is an elderly lady in our neighborhood who a little strange and so the children make



One day I saw her coming back from the fields with a bundle of wood on her head. I asked if I could help her and after a moment of hesitation, she let me carry it.



I had the strength to carry it all the way to her house. When we got there, she said, “God bless you!” I was very happy.  
Cristine from Madagascar