

# «I BELIEVE! HELP MY UNBELIEF!<sup>1</sup>»

(Mk 9:24)

During his journeys, Jesus met many people and always tried to see what each one of them needed.

He wanted to help a father who was crying because his little boy was seriously ill.

But before Jesus performed the miracle, he first asked him for something. He asked if he had faith that he could cure his son.

## THE GOSPEL SEEMS TO TELL US TWO THINGS THAT ARE OPPOSITES

The first is that we need to recognize that we are weak, fragile and have limitations. This is the first step for entering into a relationship with God. Then with him we will accomplish the great possible victory, that is, making all the people on earth one family.

All through his life, Jesus always taught us the way to do this, which is to always be at the service of others. In fact, that's the best way to transform any apparent setback into a victory. It will not be just a temporary victory, for ourselves alone, but rather one that is shared with others and lasts forever.

<sup>1</sup> Per questo mese, la Parola di Dio che proponiamo è la stessa che un gruppo di cristiani di varie Chiese della Germania, ha scelto di vivere lungo tutto l'anno.

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 movimento dei  
focalari

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For a while now I've been having some strong doubts about faith in God. These doubts are destroying a lot of things that I was sure about before. I stopped praying and I don't know if I still believe in God or in his love for everyone.

Roberta, 16



WHAT DO YOU THINK IT MEANS TO BELIEVE IN GOD?



Chiara Lubich once answered in this way:

«TO BELIEVE MEANS THAT YOU FEEL GOD LOOKING OVER YOU WITH LOVE.

it means knowing that every prayer, every word, every action, every sad or happy or indifferent event, every illness everything, everything, really everything is seen by God's loving gaze.

AND IF GOD IS LOVE, IT'S A LOGICAL CONSEQUENCE TO TRUST IN HIM TOTALLY.

This will lead us to confide in him and talk to him often, telling him about everything in our life, our plans, our projects, everything. All of us can entrust our whole life to his love. We can be certain that he understands us, comforts us and helps us in our needs.

WE CAN TELL HIM: "LORD, HELP ME TO REMAIN IN YOUR LOVE.

Help me not to live a moment of my life without feeling you with me, without knowing by faith or also by experience that you love me, that you love us all." And then keep on.

BY ALWAYS MAKING THE EFFORT TO LOVE, OUR FAITH WILL GROW STRONGER AND STRONGER.

We will not only believe in the love of God, but we will feel it tangibly in our soul and we will see miracles happen around us!<sup>2</sup>.

