

«Encourage one another and build up one another» (1Tes 5:11)

This is an easy Word of Life to understand and put into practice, but it can also revolutionize all our relationships with others.

Living the Gospel makes the seed of goodness grow in our hearts.

It is also a seed of hope that grows when we encounter God's personal love for us every day. Then it blossoms in mutual love.

How can we live this Word?

«By trying to grow in mutual love within our families, at school, while playing sports, or in our parish».



«This Word of Life asks us to have charity which goes beyond mediocre measures and overcomes all the barriers of our selfishness.» «It's enough to remember all the aspects of charity and we will discover many opportunities to live it.».



«If our communities live mutual love, the warmth of love will undoubtedly radiate to everyone around us.»².

² C. Lubich, Word of Life 9/2004



Around the WOrld

«Encourage one another and build up on another» (1Tes 5:11).

This is very precious advice that helps us rediscover the fundamental reality that we are all one family on earth, which is taught by many cultures.

In fact, "Ubuntu," a term in the Bantu tradition in Africa, means: «I am who I am because of who we all are.»

This is what the great leader of South Africa, **Nelson Mandela**, used as a guideline for his political action.

He said: **«Ubuntu does not mean not thinking of** ourselves, but rather asking ourselves, 'Do I want to help the community around me?'»¹.

His actions were consistent with his belief. With great courage he brought about a huge change in his country and stimulated great progress in society.

UBUNTU: I AM WHO I AM BECAUSE OF...



WHO WE ALL ARE

¹«Experience Ubuntu», interview di Tim Modise, May 24, 2006.

In Action

Who wouldn't want their city full of color instead of gray because people are lonely or don't care about others? We can color our city with love by approaching people and building a relationship with them.

One small Word of the Gospel would be enough to change the world, like the one for this month. Let's try to live it right away by putting into practice some of the various ways to love, like for example, understanding others, or welcoming one another, being patient, being ready to serve, having mercy towards others when they have hurt us or we think they have offended us, or sharing what is ours with others, and so on. We will find many opportunities to live it and give witness to love.



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