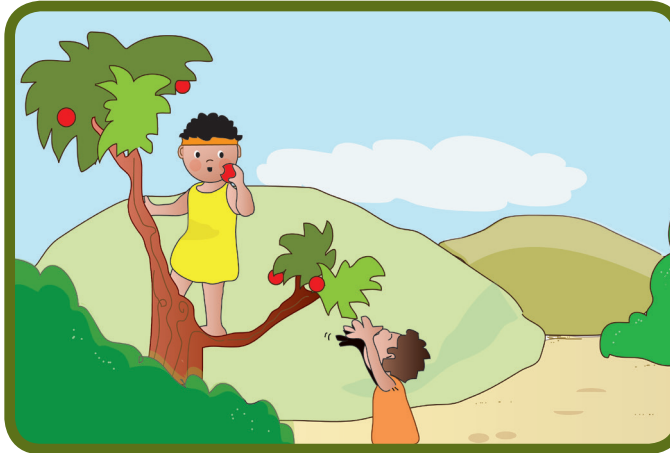


# Always be joyful

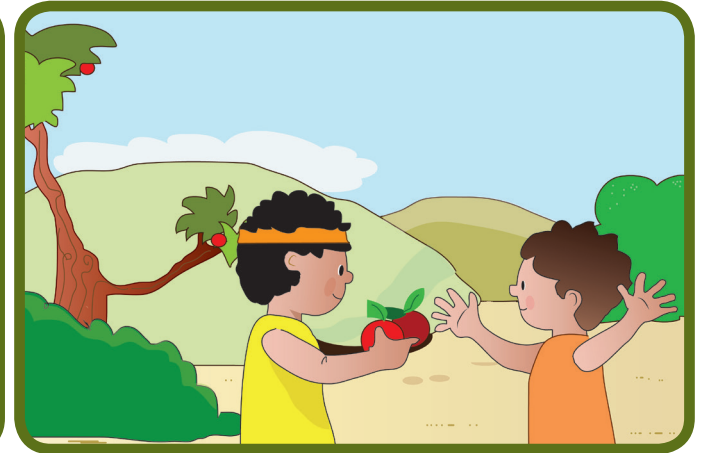
“Rejoice in the Lord always!” (Phil 4:4)



The apostle Paul wrote to the Christians who lived in Philippi and told them to be always full of joy.



The secret of true joy is to have Jesus in our heart. With him we can overcome any difficulty.



Jesus taught us that there is “more joy in giving than in receiving”.



When we give, we are happy: To help the refugees coming into our country, the community of Abuja collected clothes, medicine, food and money. One Gen 4 was there when they filled the bags and saw that someone had given shoes for little children.



She went to her Dad and told him, “I want to give a pair of shoes, too!”



She ran back home and got the shoes she liked the most. She was very happy and told the others it was because she was giving her shoes to Jesus.