

Let's give God's light to others with our love



"Live as children of light, for the fruit of the light is found in all that is good and right and true." (Eph 5:8-9)



The Apostle Paul was in prison in Rome. He wrote to the Christians in Ephesus, where he had lived and had spoken to many people about Jesus.



Paul reminds his friends in Ephesus that by living the words of Jesus, our heart is full of the light of love, like true children of God.



So he encourages them to be good, love everyone always and help anyone who is in need.



Experience of Lewa from the Ivory Coast. One afternoon Lewa was at home with her mom. They heard someone knocking on their door.



Lewa went to answer it and she saw a very skinny girl who asked her for some food because she hadn't eaten anything all day long.



Lewa remembered that Jesus was in the heart of every person and so she asked her mom: "Can we give her the food we prepared for dinner?" That's what they did and afterwards they were very happy.

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The Gen4 are the young children of the Focolare Movement, which was founded by Chiara Lubich.