

## Palmira Frizzera 1927-2022 - a heart open to humanity

5 January 2022, Palmira Frizzera, one of Chiara Lubich's first companions, left for heaven. She was born in Terlago, Trent on 9 April 1927 and first met Chiara Lubich in 1945 in Piazza Cappuccini, Trent in the house that became the first focolare. She was impressed by the ideal of "universal fraternity" and decided to follow her. In 1947 she went to live in the first focolare in Trent where she stayed for several years before moving to Sicily, then Turin and, eventually, Rome. She lived in the little town of Montet, Broye, Switzerland for over forty years and was responsible for Focolare Movement in the area and for the formation of the focolarini.