

## Let's console those who are sad



"Blessed are those who mourn, for they will be comforted" (Mt 5:4)

An example of this is the story of the disciples at Emmaus (see Lk 24:13-32).



Jesus had just been killed and two of his followers left Jerusalem, feeling very sad. Along the road they met a stranger who started walking with them.



The stranger consoled them by explaining that Jesus had been victorious, even though he was killed. The disciples began to feel happier and invited him to stay with them for dinner.



When the stranger blessed the bread and shared it with them, they realized that it was actually Jesus! He had risen from the dead! Then he disappeared, but he left them with their hearts full of joy.



Robert from Italy had a test in French, but unfortunately, he got a very bad mark.



He was very sad as he was leaving the school. His classmate Paolo came up to him, even though he didn't know him very well.



Paolo consoled Roberto and this gave him the hope that the next time he would do better.